### Core Competencies

**Five Core Competencies**

1. **Communication**
   - Interpersonal
   - Active Listening

2. **Leadership**
   - Strategic
   - Visionary

3. **Management**
   - Coaching
   - Persuasive

4. **Confidence**
   - Dynamic
   - Persuasive

### Projects and Program Details

**Intro to Toastmasters**

- Reflect upon and present a 5-7 minute speech about a time when you were a mentee, and share the impact and importance of having a mentor.
- This speech is not a report on the content of this project (Part of the Pathways Mentor Program — see below)

**Choose an Elective**

- Choose one elective (may not repeat any project attempted in the same path)

### Pathways Mentor Program

**Mentorship**

- Work with a protégé to complete a project. Your VPE will help you understand your protégé’s practice mentoring and practice mentoring on a small and large scale, in your own program, no credit awarded.

**Advanced Mentorship**

- Mentor a fellow member or another person for 6 months. Communicate regularly with your protégé, record meeting dates and times, and give and receive feedback both verbally and in writing. After your mentorship, deliver a 5-7 minute speech about your experience.

**Pathways Mentor Program**

- Prepare to Mentor: Complete the self-evaluation resources included in this project. Meet with VPE to discuss your readiness to mentor. There is no speech associated with this project.
- **Mentoring**:
  - Work with a protégé to complete a project. Your VPE will help match you with a fellow member. Assist the protégé in setting goals and developing a plan. After your mentorship, deliver a 5-7 minute speech about your experience. (May begin after Level 2)
  - A structured program to help you understand your practice of mentoring and practice mentoring on a small and large scale, in your own program, no credit awarded.

**Required Projects in Level 2**

- **Presentation Mastery**
  - Connect with your Audience
  - Effective Delivery
- **Dynamic Leadership**
  - Persuasive Influence
- **Innovative Planning**
  - Team Collaboration

**Effective Communication Style**

- Toastmaster
- Mastering Fundamentals
- Learning Your Style
- Increasing Your Knowledge

**Building Skills**

- Leadership
- Management
- Confidence

**Electives**

- Choose 1 elective

- **Pathways Mentor Program**
  - Serve as Toastmaster, Topicmaster, and Project Evaluator before beginning Level 4

**Required Project in Level 5**

- Serve as District Officer
- Serve as Club Officer
- Serve as District Officer

**Leadership**

- Manage Successful Events
- Lead in Any Situation

**Mentorship**

- Manage Successful Events
- Lead in Any Situation

**Communication**

- Develop your Vision
- Support your speech

**High Performance Leadership**

- Deliver a 5-7 minute speech to a club meeting to introduce your plan and vision. Complete a project with a team of at least 3 other members.
- Form and meet with a guidance committee at least 5 times throughout the duration of the project. After you implement the plan, deliver a second 5-7 minute speech to share your experience developing and completing your plan.

**Leading in your Volunteer Organisation**

- Take on a leadership role in Toastmasters or with your volunteer organisation, or in your career for at least 6 months. Ask your peers/members of the organisation for a 360 degrees evaluation of your leadership skills.
- Create a succession plan to aid the transition after you leave your leadership position. Present a 5-7 minute / 8-10 minute speech about your experience.